



Newsletter March Issue 2013



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MOCK INTERVIEW 2012

Having received over 100 students' registrations, the Mock Interview 2012 was successfully held on 1st December 2012, with the generous help of 36 alumnae. Co-organized by the school's Careers Guidance Team and AA since 2002, the Mock Interview continues to help students develop their skills essential for university entrance interviews.

Before the interview, students attended a workshop to understand the importance of an interview and prior preparation. At the workshop, we felt the students' desire and eagerness to learn more. On the interview day, students attended a group interview for their choice of university subject. Similar to previous years, we invite alumnae to be our interviewers.

Students reflected that they learned a lot from the alumnae about the preparation and manners of interviews. At the same time, the Mock Interview served to connect different alumnae and help maintained a tight bond with our mother school.

It is our pleasure to be the co-organizers of the event. We have heard creative self-introductions, interesting answers to challenging questions and met new faces of interviewers on the event day.

We would like to express our sincere thanks to the alumnae who joined us as interviewers, they are:

Amanda So	Charmaine Yim	Katherine Ng	Pinky Leung
Angela Leung	Charry Wong	Kathy Fok	Popo Siu
Angie Mok	Elian Wong	Kathy Yip	Rachel Kwok
Anne Anita Cheung	Felicia Leung	Kitty Chan	Rita Lo
Anna Chan	Flora Mak	Mandy Fu	Roseline Wong
April Tam	Florence Ng	Martha Yeung	Teresa Tang
Beatrix Wong	Gloria Fok	Mary Leung	Veronica Mak
Catherine Chan	Janice Sha	Norris Wong	Wong Lai Sim
Cecilia Lee	Joan Lam	Pammy Li	Wu Kei Yu

We look forward to seeing you as one of our interviewers next year!

Jacqueline Ng & Zebbie Ng, Program Coordinators

Tips for Viewing 40th Anniversary DVD Boxset

The 40th Anniversary DVD boxsets are now ready for pick up. For the best viewing experience, you are strongly advised to watch them on your HDTV with a DVD player. Enjoy!



Guidance with Sisterly Love: Mentorship Program 2013

After the well-received pilot run in 2010, our association is going to officially launch a biennial mentorship program that pairs up participating students with respectable alumnae-mentors that share similar interests or possess relevant knowledge.

The Mentorship Program 2013, stretching from March to July, targets at enrolling 15 interested alumnae and 15 S.3 students. The program is designated to facilitate the growth of the younger Holy Familians and build a mutually caring, supportive relationship between students and alumnae. Participating alumnae will take up the role of mentor and guide their own student-mentee on academic, social and personal development. They will need to attend a coaching workshop and have monthly meetings with their mentees.

We believe that, through role modeling and in-depth conversations, mentees will be able to realize and develop their own potential as well as get prepared for various challenges in their senior school years. Meanwhile, the volunteering alumnae will have a chance to share and reflect on their life experience by mentoring.

If you are eager to be a critical yet caring big sister to our young Holy Familians, you are the right person! Please stay tuned for our coming promotion!

Annual General Meeting 2013

Instead of a dinner event, this year's annual general meeting will be held at school hall in the form of an afternoon tea party from 2 to 3 p.m. on 16th March. All alumnae are welcome! Visit hfcaa.org.hk for details.



Outstanding All Rounder Scholarship 2012



Reflection from Natasha Hong, The 2012 Outstanding All Rounder



Before sharing my experience and what I have learnt in the All-rounder award organized by the Alumnae Association, I would like to ask a question. Have you ever wondered why the Apple logo is an apple with a bite but not an intact one?

Well, the former CEO of Apple, Steve Jobs, once explained his concept in designing the unique trademark in line with his belief of 'Stay hungry, stay foolish'. He said that we should acknowledge our littleness and be humble, thirst for knowledge and learn different skills as if we were beginners. His learning approach and attitude can be applied on the Outstanding All-Rounder Scholarship interview as well.

When I typed 'all-round' in the search engine, many results concurred that one should be competent in every aspect such as

sports, art, academic, leadership, community services, etc. However, according to my experience, one of the adjudicators in the scholarship interview, Ms Anne Anita Cheung, told us that it is not reasonable to expect an all-rounder to excel in all aspects. What is more important is that we need to understand our strengths and acknowledge our shortcomings, and demonstrate how we make good use of our talents and overcome our weaknesses. This is essential in the process of pursuing excellence. Just like iPhone, although it is very convenient to the users, it still has a lot of deficiencies. For example, it is criticized that the battery deteriorates quickly; the browsing speed on the internet is rather slow, etc. The Apple company, while keeping the strengths of the existing model, improve on the shortcomings

and introduce new functions in every new generation of iPhone. It is only after repeated failures and improvement that the smart phone on our hands can have comprehensive functions.

I understand myself more when preparing the Outstanding All-Rounder Scholarship application form and organizing my resume. The training workshop and interview equipped me with practical interview skills which are also essential life skills. After the demanding interview, the experienced adjudicators provided me with professional and critical comment which enlightened me to a great extent. All these are precious learning opportunities that we, as proactive teenagers, should not neglect. Take the initiative and capture them!

Reflection from Samantha Cheng, Merit Recipient of Outstanding All Rounder Scholarship 2012

Two years ago, with the encouragement of my classmates, I participated in the All Rounder Award (now “Outstanding All-Rounder Scholarship”) interview organized by the alumnae association. At the beginning, I didn’t really know what it was; yet, after that year, I found that the experience was really fruitful. I learned to cope with my nervousness and reflect on my strengths and weaknesses through filling in the application as well as being interviewed by the adjudicators. The detailed feedback of the adjudicators helped me to know myself more thoroughly and encouraged me to participate in the competition again in spite of the first unsuccessful



Having improved myself with a year's hard work, I applied for the scholarship again. With the help of the workshops and the experience last year, I was blessed to get a merit in this year's competition. This scholarship not only gives recognition to students, but it also enables us to challenge ourselves, overcome our shortcomings and improve ourselves, leading us to strive for excellence. My journey of turning into an all-rounded person will never end. I will surely join this competition again in the coming year to challenge myself.

Athletics Meet
17.1.2013



Thank you for your participation!

